



Ever thought it might be nice to share ideas and issues with other nurses who are just as interested and passionate as you are about working with older people with mental health problems?

Have you ever thought of joining an email discussion group? Well here is your chance.

In 2003, an "Older persons psychiatric nursing" email discussion list was created as a "spin off" from the long established psychiatric nursing email discussion list. The list is open to any nurses with an interest in mental health and older people. Members of the list are from mental health wards, community mental health teams, general nurses, student nurses, primary care, managers, nurse educators and researchers. The list has an international membership with representatives from the Antipodes, Scandinavia and Europe. Everyone is welcome.

The list is still developing so a member of the list may receive as few as no emails to five emails a day. Conversation topics have been many and varied and have included abuse, supporting students, nursing care contributions, use of restraint, and carer support. Sometimes people are seeking differing perspectives on work-based problems, others looking for useful references to support practice developments, research or essays. Sometimes we just sound off about news topics related to older people.



Another useful feature is the list Blog: a source of relevant information links and latest news topics.



To find out more visit the list web page at www.olderpeoplesmentalhealth.org.uk From there click on the info link and view the archives and join the list.

Come join us.